

REGULATIONS

MARCHA CIUDAD VALENCIA – INTERNATIONAL GRAN FONDO 1 June 2019

Article 1- Regulation

The Marcha Ciudad de Valencia International Gran Fondo is a cyclosporive that takes place under the “Regulations for Bicycle Touring and Cycling for All” issued by the Royal Spanish Cycling Federation (RFEC due to Spanish initials) and regulated by Article 9 of the same, which describes this sport as physical exercise for the purpose of leisure and for cultural or tourism purposes, **excluding competitions**. The cyclosporive **will be governed by instructions** from the Department of Traffic **in effect at the time**. Anything not set out in these regulations will be governed by current RFEC rules.

Participants in the cyclosporive will cycle within **the space contained between the policemen carrying the red and green flags, without invading the lane for oncoming traffic**, and this space will be closed to road users not involved in the event. Ordinary stretches of road will remain open to general traffic. Orders given by Guardia Civil Traffic Corps agents will be respected at all times.

Article 2.- Route and Time

The 14th Marcha Ciudad de Valencia International Gran Fondo will be held on 1 June 2019 and will provide 3 distance options: 190K, 105K and 76K.

The starting and finishing lines for the 3 distances will be at Valencia Marina (Port of Valencia) next to the EDEM Building. Entry is open to all cyclists aged at least 16 on the day of the event.

There will be 3 starting groups:

GROUP 01 START: 7.30 a.m. (red wristband ■)

- Average between 33 km/h and 28 km/h
- Routes available for this average: 190K and 105K
- **Deadline for reaching km 71.090** (point at which the routes separate) **on 190K route: 10.10 a.m.**
- Deadline for reaching the finishing line:
 - 105K route: 11.16 a.m. (finishing-line group: 01.01) Blue bib
 - 190K route: 2.16 p.m. (finishing-line group: 01.02) Red bib

GROUP 02 START: 8.00 a.m. (blue wristband ■)

- Average between 28 km/h and 24 km/h
- Routes available for this average: 190K and 105K
- **Deadline for reaching km 71.090** (point at which the routes separate) **on 190K route: 11.05 a.m.**
- Deadline for reaching the finishing line:
 - 105K route: 12.23 p.m. (finishing-line group: 02.01) Blue bib
 - 190K route: 3.53 p.m. (finishing-line group: 02.02) Red bib

GROUP 03 START: 8.30 a.m. (green wristband ■)

- Average between 24 km/h and 20 km/h
- 76K route
- **Deadline for reaching km 36.97 (refreshment point): 10.20 a.m.**
- Deadline for reaching the finishing line:
 - 76K route: 12.23 p.m. (finishing-line group: 02.01) Green bib

See route maps with checkpoints and details of the times the first and last participant must pass them depending on start group and distance chosen.

VERY IMPORTANT:

- Participants in the 190K and 105K routes **must choose the starting group that truly matches their physical condition.**
- All participants must remain within the area for their group, i.e. between the Guardia Civil Traffic Corps agents marking the start and end of the space closed off to traffic. The start is marked by a red flag and the end is marked by a green flag.
- No participant may pass the red flag for their group.
- During the cyclosporive, anyone who cannot keep up with the pace set in their group and who is overtaken by the green flag will have to retire from the cyclosporive, so they must slow down and cycle without disturbing other road users and complying with general traffic signs and rules.
- If the group cycling at a slower pace is coming behind them, they may join that group when it reaches them, remembering that—until that time—they must cycle without disturbing other road users and complying with general traffic signs and rules.
- **Participants who have to retire from the cyclosporive** will be helped insofar as possible by the organisers. As they will then be cycling on roads that are fully open to normal traffic, **they must cycle carefully, without disturbing other road users and complying with general traffic signs and rules.**

All participants are advised that:

- The cyclosporive is not a competition.
- You must cycle on the right, not invading the lane for oncoming traffic.
- The routes are mostly along secondary roads with no hard shoulder, so you must be very careful.
- There are long downhill ramps in the ports with some dangerous bends and you should be extremely careful on these stretches.
- The routes are signposted by the organisers.
- Do not throw litter on the ground, use the bins and litter baskets at the refreshment points. Along the route, keep litter in your pocket until you reach the refreshment points or finishing line. **Care for, protect and respect nature.** Sierra Calderona Natural Park – natural heritage that belongs to us all.
- **All participants who have to retire from the cyclosporive must remember that they are cycling on roads open to normal traffic and must respect all the traffic signs and rules like normal road users.**
- They are obliged to respect orders given by the Guardia Civil Traffic Corps agents at all times.

Article 2- Registration.

Registration is personal and non-transferable.

It is the same price for the 3 distances but will vary depending on when you register:

- **1 to 31 January:**
RFEC federated cyclists: €35
NON-federated cyclists: €45 (includes 1-day licence)
- **1 February to 15 April:**
RFEC federated cyclists: €45
NON-federated cyclists: €55 (includes 1-day licence)
- **16 April to May or close of registration:**
RFEC federated cyclists: €65
NON-federated cyclists: €75 (includes 1-day licence)

Changes allowed until 30 April:

- Distance
- Jersey size

These changes will be made by the participants themselves, using the code that will receive via email for this purpose upon successful completion of their registration.

Registration includes:

- **Official event jersey.** This quality jersey **must be worn during the cyclosporitive.**
- Supper the day before the cyclosporitive in the facilities area (Friday 31 May).
- On the day of the cyclosporitive—Saturday 1 June—in the facilities area:
 - Breakfast
 - Lunch
 - Bike parking and left luggage
 - Recovery massage

You will not be sent your jersey. The only days you will be able to collect it are 31 May and 1 June.

All participants on our cyclosporitive must be insured either through the RFEC (Royal Spanish Cycling Federation) for federated cyclists or by taking out the insurance offered by the organisers for non-federated cyclists.

Participants take part in the cyclosporitive at their own risk and under their own responsibility. **A the time of registration and participation, the participant states that they are physically fit enough to take part in the cyclosporitive.**

Article 3- Registration Procedure.

Registration is via the website www.marchaciudadvalencia.es. NO REGISTRATIONS WILL BE ACCEPTED on the day of the cyclosporitive. All participants must have registered previously via the website. Registrations are considered definitive, so there will be no refund of your registration fee if you cannot take part. **Registrations are strictly personal and non-transferable.**

Exceptionally, when justified by circumstances, the name on the registration may be changed, as long as this change is requested at least one month in advance. In this case, there will be an additional cost of €5 and the request must be sent via email to: info@marchaciudadvalencia.com

Article 4- Bib Collection.

Bibs, runner's bags and participant instructions and advice must be collected from the event facilities area between 4 p.m. and 9.30 p.m. on Friday 31 May.

The facilities area will be located in Valencia Marina (Port of Valencia) next to the starting and finishing line for the 3 distances, specifically, between shed no. 2 and the adjacent esplanade, Muelle de la Aduana, s/n, 46024 Valencia.

You must show your national ID and registration confirmation in order to collect your bib and runner's bag and **federated cyclists are required to show their cycling federation (RFEC) licence.**

Any change and/or amendment will be notified via the official website: www.marchaciudadvalencia.es.

Article 5- Disqualifications.

Any bicycle tourists who start before the scheduled time will not be included on the organisers' lists.

The event managers may decide to retire any bicycle tourist from the cyclosporitive who behaves in an unsporting manner or does not follow instructions given by the police or the organisers.

Article 6- Refreshments.

There will be several refreshment points along the route:

- | | | | |
|------------------|-----------------|--------------------|------------------------------|
| • Km 00.00 | Marina | Breakfast | 76K, 105K and 190K distances |
| • Km 36.97 | Alto L'Oronet | Solids and Liquids | 76K, 105K and 190K distances |
| • Km 66.63 | Alto L'Oronet | Solids and Liquids | 105K and 190K distances |
| • Km 112.28 | Alto Chirivilla | Solids and Liquids | 190K distance |
| • Km 150.50 | Alto L/oronet | Solids and Liquids | 190K distance |
| • FINISHING LINE | Marina | Lunch | 76K, 105K and 190K distances |

Article 7- Health and Safety.

During the cyclo sportive, and at all times, the organisers have a team of professional technical and healthcare personnel available, including doctors and nurses, and there will be ambulances on stand-by and broom bikes and signage along the route, as well as a massage area at the finishing line. Participants **MUST** wear their national ID on their jersey for their own safety and we recommend also carrying a mobile phone.

The organisers recommend that all participants take a medical examination before the cyclo sportive in order to detect any anomaly or illness that may be incompatible with cycling.

Article 8- Technical Assistance.

The organisers will provide technical assistance at the starting and finishing line and along the route. If you break down, manual labour will be free but spare parts will be at the expense of the bike tourist. Only repairs that can be performed on the roadside will be carried out, except for punctures.

Article 9- Jersey, Helmet and Wristband.

The **official jersey** for the Marcha Ciudad de Valencia **MUST BE WORN** by all participants, regardless of the distance chosen. It constitutes a security and control element, so that all auxiliary personnel involved in the cyclo sportive can identify who is and who is not a participant at all times.

You will not be allowed to go to the starting line or appear on the list of participants if you are not wearing your jersey.

Nor will you be assisted by the mechanics at the technical assistance points or by the volunteers at the refreshment points or at any other service provided by the organisers.

Helmets MUST be worn by all participants.

You will be given a wristband of a certain colour, depending on your starting-line group, and it must be worn.

Article 10- Security.

The organisers will have the collaboration of the Traffic Department for the Province of Valencia, the Guardia Civil, the local police and the Spanish civil defence service to guarantee event security.

Article 11- Traffic Rules.

The group cycling between the green and red flags will be doing so in a space that is closed to other traffic, but **the cyclo sportive route is NOT closed to traffic**. All participants must scrupulously observe the provisions of the Spanish Law on Traffic, Motor Vehicles and Road Safety and General Traffic Regulations and obey instructions from the Guardia Civil, local police and organisers at all times. Anyone who does not obey instructions given by the police will be expelled from the cyclo sportive. By accepting these regulations, all participants undertake to comply with the aforementioned rules and regulations and to procure their own safety and that of the other participants and other road users.

Registration for the cyclo sportive means that the participant assumes the risks inherent to participation in a cyclo sportive open to traffic and holds the cyclo sportive organisers blameless for any incident or accident derived from their participation in the same.

Anybody not registered for the Marcha Ciudad de Valencia and not wearing the official jersey is strictly prohibited from crossing the starting/finishing line.

Article 12- Exemption of Liability.

The organisers will not be held responsible for any accident caused by the participant or in which the participant is a victim, and the participant must be covered by the pertinent federation (RFEC) licence or, if they are not federated, by accident insurance taken out through the organisers. Nor will the organisers share in any expenses or debts incurred by participants during the cyclo sportive or in any loss or breakage to bicycles or other equipment belonging to the participants. The participant holds the organisers blameless for any loss or damage to bicycles, goods, personal objects or equipment under any circumstance.

Article 13- Accompanying Cars.

Any cars that have not been authorised to do so by the organisers are prohibited from accompanying the cycloportive. The organisers' vehicles will have a sign, subject to model, and will be clearly identified on the visible part of the vehicle.

Article 14- Diplomas.

You can download a diploma to certify your participation in the cycloportive from the website www.marchaciudadvalencia.es

Article 15- Amendments.

In relation to subsequent amendments, the organisers reserve the right to make any amendments they deem necessary. They also reserve the right of admission. The organisers will not assume any responsibility if the event is cancelled or postponed for reasons beyond their control, so no registration fee will be refunded under these circumstances.

Article 16.- Acceptance of the Regulations.

By registering for this cycloportive, you accept these regulations and waive any rights against the organisers or any legal action that may derive from your participation in the cycloportive.

Article 17.- Rights to Own Image.

The acceptance of these regulations implicitly means that the participant authorises the organisers of the Marcha Ciudad de Valencia to fully or partially record their participation in the same, agrees to their image being used for the promotion and dissemination of the image of the Marcha Ciudad de Valencia in any format (radio, press, video, photo, DVD, internet, posters, media, etc.) and cedes all rights in relation to it being used for commercial and/or advertising purposes as deemed fit by the organisers and will not be entitled to any financial compensation for the same. This article also extends to photographs

Article 18.- Data Disclosure.

The participant accepts that their data may be disclosed solely for the activities necessary for proper fulfilment of the internal administration and management of the CLUB DEPORTIVO PODIUM. It also agrees that the aforementioned CLUB may send or contact them with information regarding any products, processes or services that it markets.

Article 19. Cancellations.

If you have to cancel your registration in the Marcha Ciudad de Valencia for medical reasons, you will be refunded 60% of the registration fee if you notify the organisers up to 20 days in advance of the event and provide a doctor's note as proof of this. The refund will be made to the credit/debit card that was used to pay for the registration. The participant who has cancelled their registration will not be entitled to collect their jersey or runner's bag.